

# Allied Trades Assistance Program

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Welcome to the Allied Trades Assistance Program!

Ironworkers Local #11 will be contracting with The Allied Trades Assistance Program (ATAP) effective January 1, 2020 to be your Employee Assistance Program (EAP).

We all know that life can be challenging at times. Issues like illness, family problems, substance use disorder and mental health can leave us feeling worried and anxious. That is why your Employee Assistance Program gives you and your family expert guidance and specialist support on any kind of issue from everyday matters to more serious wellbeing problems.

You can access this service via your EAP support helpline at #800-258-6376, which is available 24 hours a day 365 days a year. The ATAP staff is directly responsible for the specific needs of you and your family. The staff provides personal, confidential, appropriate referral and follow up services. Supportive services are available both via telephone and/or face to face for individuals both during and post treatment. Services are provided according to the needs of the individual and continue accordingly.

Your Employee Assistance Program Helps With:

- Mental Health
- Substance Use Disorder
- Positive Drug Screens
- Marital and Family
- Grief
- Life Issues

Resources Available:

- Face to Face EAP sessions/site visits
- Assessment and Referrals
- Provider Network/Relations
- Preventative Education
- Critical Incident Debriefing
- Social Media
- Peer Advocate Program

Your online access to various services offered through the Allied Trades Assistance Program can be found at [www.alliedtrades-online.com](http://www.alliedtrades-online.com). Here you can find a diverse collection of health and wellbeing resources. You can also find our main number to access 24/7 supportive services.

When you do not know where to turn, we are here to guide you. Free, confidential support whenever you need it.